

Awareness Module
Focus: Intellectual Disability
Created by Lurnea High School for Social Inc.

Aims:

Students will take part in activities that will allow the opportunity to understand that there are some disabilities you cannot see.
Develop an awareness of intellectual disabilities

Activity 1

- 1) Students receive a package of images of 'known' faces, this is a mixture of celebrities and willing staff (Google for ideas)
- 2) Students receive 2 headings: Has a disability/ Does not have a disability
- 3) Students are asked to sort these images under the 2 headings
- 4) Discussion: what made you think they fell under each category?
- 5) Reveal that all people in the images have a disability
- 6) Discussion: where do we get our ideas from? What images are produced in your mind when you think of a person with a disability?

Address the idea that there is more to people than their disability, looking at talents/ strengths and that sometimes a disability is 'hidden' and the need for us to understand that.

Activity 2

- 1) Watch TEDX film clip: https://www.youtube.com/watch?v=0XXqr_ZSsMg
- 2) Lead Group Discussion:
 - a) Ask each person in the group to say 1 thing they remember from the clip
 - b) Ask: Does she look disabled?
 - c) Ask: What was her disability?
 - d) Ask and Discuss: What was the point of her being "fearless"?
 - e) Ask and Discuss: What are the main messages from the clip?

Some quotes from clip to help discussion:

- What does it mean to be "institutionalised"?
- Loretta states she was "told what I wasn't going to be", what does she mean by this and how are some of the ways she challenged that idea?

Conclusion

Students discuss if their understanding has changed when they think of someone with a disability and in what way.

